



Errata  
USA Gymnastics Women's Program Flipbook  
Compulsory, Optional, & Xcel

**1st Edition, 1st Printing**

**October 10, 2024**

General; Video Review	2 <sup>nd</sup> column Exception: Add highest <b>rated</b> unaffiliated judge
Level 3 Uneven Bars	CAST (.20)
Level 5 Uneven Bars	LONG HANG KIP; Remove underline from the <b>↑0.20</b> deduction, Fail to swing near horizontal
Level 3 Balance Beam	CARTWHEEL TO HANDSTAND ¼ DISMOUNT Remove arrow from <b>0.20</b> Fail to perform 1/4 turn Add arrow to <b>↑0.10</b> 1/4 turn incomplete/overtaken
Level 4 Balance Beam	½ TURN IN FORWARD PASSÉ; Remove deduction <b>0.05</b> Fail to lower heel at completion STRETCH JUMP (.20) STRAIGHT LEG LEAP (.60) CARTWHEEL TO HANDSTAND ¼ DISMOUNT Add arrow to <b>↑0.30</b> Fail to attain vertical Remove arrow from <b>0.20</b> Fail to perform 1/4 turn Add arrow to <b>↑0.10</b> 1/4 turn incomplete/overtaken
Level 5 Balance Beam	STRAIGHT LEG LEAP (.60) STRETCH JUMP (.20) After CARTWHEEL, STRETCH JUMP (.20)
Level 2 Floor Exercise	STRAIGHT LEG LEAP (.60)
Level 4 Floor Exercise	BACKWALKOVER (.40) BACKWARD ROLL TO HANDSTAND (.40) FLIC-FLAC TO 2 FEET Add <b>Ea. 0.10</b> Fail to land on 2 feet
Level 5 Floor Exercise	FLIC-FLAC TO 2 FEET Remove deduction <b>0.10</b> Fail to rebound immediately Remove deduction <b>0.05</b> Fail to pause in "stick"
Level 8 Uneven Bars	Move stray arrow in 2 <sup>nd</sup> column next to <b>↑0.20</b> Lack of elements that achieve (or pass through) vertical
Specific Level 6-10 Beam Execution	Remove arrow from <b>Ea. 0.20</b> Support of 1 leg against side surface of BB to maintain balance Remove arrow from <b>Ea. 0.20</b> CONCENTRATION PAUSES – More than 2 seconds
Silver Vault	Remove arrow from <b>0.50</b> Support on landing mat with 1 or 2 hands
Gold/Platinum/ Sapphire Vault	Remove arrow from <b>0.05</b> Lands feet hip-width or closer, never joins heels
Specific Xcel Beam Execution	Remove arrow from <b>Ea. 0.20</b> Support of 1 leg against side surface of BB to maintain balance Remove arrow from <b>Ea. 0.20</b> CONCENTRATION PAUSES – More than 2 seconds